



Flip Smart, Flip Safe, Flip With... Tumbles Gymnastics



WHY TUMBLES GYMNASTICS AND MOVEMENT EDUCATION?

SAFETY

Tumbles Gymnastics provides a safe, fun and supportive environment where children can develop the characteristics and skills they need to achieve their potential. Tumbles Instructors are knowledgeable in child development, classroom management and gymnastics progressions. All Tumbles Instructors have a current Background Check through the Florida Department of Children and Families and First Aid Certification.

LEARN NEW SKILLS AND HAVE FUN

Tumbles Gymnastics is a skills-based program where we teach forward and backward rolls, cartwheels, handstands, balancing skills and develop upper body strength and skills on the bars. More than that, we provide an enjoyable program that uses a wide variety of gymnastics and movement education activities and equipment.

EXCITING LESSON PLANS

Our warehouse is stacked with state-of-the-art equipment that is regularly rotated between our vans and SUV's. Our lesson plans and equipment are changed every two weeks. This variety helps keep the Tumbles program fresh and exciting for our students.

VARIETY IN ACTIVITIES

The equipment we bring into your child's school each week includes bars, balance beams, rebound devices, vaulting equipment, shaped mats and eye-hand coordination equipment. Our equipment is sized to the age groups we regularly teach. By changing the equipment regularly, we can accomplish the repetition needed to acquire skills without the risk of boredom.

AGILITY, CONFIDENCE, BALANCE, STRENGTH

These are all characteristics we admire and are all characteristics that are enhanced by participation in a quality gymnastics and movement education program.

GYMNASTICS IS PART OF OUR HUMAN NATURE

Children naturally love to move: to climb, run, roll, swing and bounce. Tumbles Gymnastics provides a safe, fun and supportive environment where children can develop the characteristics and skills they need to achieve their potential.

PREPARATION FOR SCHOOL SUCCESS

We include the building blocks of movement that are incorporated in Florida's Next Generation Sunshine State Physical Education Standards: K-5 into our lesson plans. These Standards define the areas where students must demonstrate competency at the elementary school level.

CARING

As parents and grandparents, we understand how precious your children are. Our adult instructors have multiple Background Checks, years of teaching experience and are ready to teach and create educational and enjoyable lesson plans for our students.

CONVENIENCE

We deliver our high-quality gymnastics program to your child's school during the regular school day. This eliminates the need for you to pick up your child, travel to an after school program at another facility with another group of people. This alone saves the typical family at least 8 hours of activity time per month.

PROFESSIONALISM

We started teaching mobile gymnastics out of our Clearwater, Florida gymnastics school in 1992. We started Tumbles Gymnastics in 2003. Instructors teach at the same schools each week, creating a consistency that promotes safety, comfort and learning.