



Flip Smart,
Flip Safe,
Flip With...
Tumbles Gymnastics



WHY TUMBLES GYMNASTICS AND MOVEMENT EDUCATION?

SAFETY

Tumbles Gymnastics provides a safe, fun and supportive environment where children can develop the characteristics and skills they need to achieve their potential. Safety in our COVID world now includes extra attention to the cleanliness of our equipment, social distancing and controlling the number of contacts each student has during the day. Our Tumbles Disease Prevention Standards document details the procedures we have put in place to protect our staff and students. At all of our schools we limit our classes to students from only one classroom at a time.

CONVENIENCE

We deliver our program to your child's school during the regular school day. This eliminates the need for you to pick up your child, travel to an after school program at another facility with another group of people. This alone saves the typical family at least 8 hours of activity time per month.

PROFESSIONALISM

Tumbles Gymnastics started at our Clearwater, Florida gymnastics school over 25 years ago. As parents and grandparents, we understand how precious your children are. Our adult instructors have multiple Background Checks, years of teaching experience and are ready to teach and create enjoyable lesson plans for our students. Instructors teach at the same schools each week, creating a consistency that promotes safety, comfort and learning.

AGILITY, CONFIDENCE, BALANCE, STRENGTH

These are all characteristics we admire and are all characteristics that are enhanced by participation in a quality gymnastics and movement education program.

GYMNASTICS IS PART OF OUR HUMAN NATURE

Children naturally love to move: to climb, run, roll, swing and bounce. Tumbles Gymnastics provides a safe, fun and supportive environment where children can develop the characteristics and skills they need to achieve their potential.

LEARN NEW SKILLS AND HAVE FUN

Tumbles Gymnastics is a skills-based program where we teach forward and backward rolls, cartwheels, handstands, balancing skills and develop upper body skills and strength on the bars. More than that, we provide an enjoyable program that uses a wide variety of gymnastics and movement education activities and equipment.

EXCITING LESSON PLANS

Our warehouse is stacked with state-of-the-art equipment that is regularly rotated between our vans and SUV's. Our lesson plans and equipment are changed every two weeks. This variety helps keep the Tumbles program fresh and exciting for our students.

VARIETY IN ACTIVITIES

The equipment we bring into your child's school each week includes bars, balance beams, rebound devices, vaulting equipment, shaped mats and eye-hand coordination equipment. By changing the equipment regularly, we can accomplish the repetition needed to acquire skills without the risk of boredom.

PREPARATION FOR SCHOOL SUCCESS

We focus on the building blocks of movement and have incorporated Florida's Next Generation Sunshine State Standards, Physical Education Standards: K-5 into our lesson plans. These Standards define the areas where students must demonstrate competency at the elementary school level.